



MSC CLINICAL  
MENTAL HEALTH



3<sup>rd</sup> Department of  
Psychiatry, School  
of Medicine AUTH

Supported by

WPA Zone 8 & Action Plan Group on Psychopharmacology and the CINP



# 2023 Summer School on Mental Health

July \_\_\_\_\_  
**14<sup>th</sup> & 15<sup>th</sup>** 2023

Central Library,  
Aristotle University of Thessaloniki

**Thessaloniki**  
Greece

With the participation of:

**Afzal Javed**, *President of WPA*

**Joseph Zohar**, *President of CINP*

**PROGRAM**



## WELCOME ADDRESS

Dear colleagues,

It's a great pleasure to invite you to the **2023 Summer School on Mental Health** which will take place in **Thessaloniki Greece on 14<sup>th</sup>-15<sup>th</sup>** July this year.

The school aims at being valuable for the clinicians who fight daily in the front line for the treatment of real-world patients. In this frame, our goal is to provide a global and comprehensive update of the newest developments in Psychiatry and the allied sciences in a manner, which will be both focused and enriched. The rule is always to avoid content-free eloquence and authority and to face hard questions on the base of research findings, under the auspice and with the collaboration of the most prominent international societies. During these difficult circumstances for the world, advanced education and training is the only way to the future. Novel and advanced technologies and approaches are emerging.

Teaching clinical usefulness and application of new knowledge and informed treatment with psychopharmacological agents in a truly multidisciplinary approach will be the central axis of the meeting and although the congress will embrace high tech research concerning psychopathology, new treatment methods, genetics and molecular biology, it also aims on putting the emphasis on the human factor, both the therapist and the patient. Apart from the humanistic tradition of Psychiatry and life sciences, the continuous and unconditional investment on the high level training of professionals and education of patients and their families, emerged as a significant challenge during the last few decades. Medical scientists and public health policy makers are increasingly concerned that the scientific discoveries are failing to be translated efficiently into tangible human benefit. Today, in an all the more complex and technologically advanced environment, the human factor emerges again as the most valuable one, the factor that determines the final outcome.

As hosts and organizers, we shall spare no effort in making your participation scientifically rewarding and meaningful. Let the rainbow dominate our sky after the storm.

**Konstantinos N. Fountoulakis**

Professor of Psychiatry

Director, 3<sup>rd</sup> Department of Psychiatry, Division of Neurosciences  
School of Medicine, Aristotle University of Thessaloniki, Greece



## SCIENTIFIC PROGRAM

**Friday, July 14<sup>th</sup>, 2023**

### 09.00-11.00 MORNING SESSION

Host: **Eva - Maria Tsapakis**

Stress

**Agorastos Agorastos**

Psychiatric genetics

**Eleni Parlapani**

### 11.00-14.00 PLENARY LECTURES SESSION

Host: **Konstantinos N. Fountoulakis**

From an asylum to a community based system: how to do it - the Greek experience

**Pavlos Theodorakis**

Educational initiatives of WPA during 2020-23

**Afzal Javed**

Precision in Psychopharmacology - Is There a Role for Neuroscience Based Nomenclature (NbN) in Clinical Practice?

**Joseph Zohar**

### 14.00-15.00 BREAK

### 15.00-18.00 EVENING SESSION

Host: **Eva - Maria Tsapakis**

Basic preclinical psychopharmacology

**George Papazisis**

Neurocognition in schizophrenia

**Eva-Maria Tsapakis**

Implementation of Mental Health Policies

**Panagiotis Tsiganos**



## SCIENTIFIC PROGRAM

**Saturday, July 15<sup>th</sup>, 2023**

### 10.00-14.00 MORNING SESSION

Host: **Nikitas Arnaoutoglou**

Mental health care systems

**Sotirios Koupidis**

Digital mental health

**Panagiotis Bamidis**

Art therapy

**Dora Psaltopoulou**

The effect of somatic multi-comorbidity in mental patients

**Konstantinos N. Fountoulakis**

### 14.00-15.00 BREAK

### 15.00-17.00 EVENING SESSION

Host: **Nikitas Arnaoutoglou**

Psychosexuality

**Loukas Athanasiadis**

Psychogeriatrics

**Nikitas Arnaoutoglou**

### 17.00 Closing



## INDEX OF SPEAKERS

### **Agorastos, Agorastos**

Associate Professor of Psychiatry,  
Aristotle University of Thessaloniki,  
Greece

### **Arnautoglou, Nikitas**

Research Associate,  
Aristotle University of Thessaloniki,  
Greece

### **Athnasiadis, Loukas**

Professor of Psychiatry,  
Aristotle University of Thessaloniki,  
Greece

### **Bamidis, Panagiotis**

Professor of Medical informatics,  
Aristotle University of Thessaloniki,  
Greece

### **Fountoulakis, Konstantinos**

Professor of Psychiatry,  
Aristotle University of Thessaloniki,  
Greece

### **Javed, Afzal**

President of the WPA

### **Koupidis, Sotirios**

WHO Country Office for Greece  
Consultant

### **Papazisis, George**

Professor of Pharmacology,  
Aristotle University of Thessaloniki,  
Greece

### **Parlapani, Eleni**

Associate Professor of Psychiatry,  
Aristotle University of Thessaloniki,  
Greece

### **Psaltopoulou, Dora**

Professor of Music studies,  
Aristotle University of Thessaloniki,  
Greece

### **Theodorakis, Pavlos**

WHO Senior Health Policy Advisor

### **Tsapaki, Eva-Maria**

Assistant Professor of Psychiatry,  
Aristotle University of Thessaloniki,  
Greece

### **Zohar, Joseph**

President of the CINP



## GENERAL INFORMATION

### ► Dates and Venue

July 14<sup>th</sup> -15<sup>th</sup>, 2023  
 Central Library, Aristotle University of Thessaloniki, Greece

### ► E-Badge

It is mandatory for the delegates to show their congress e-badge at the entrance of the Congress hall in order to have their attendance time for each session registered.

### ► Certificate of attendance

All delegates will receive the certificate of attendance. Certificates will be provided after the completion of the Scientific Program by email.

### ► Presentations

Available visual equipment for all presentations will be through power point presentation. Presentations must be sent by e-mail at the technical secretariat. The use of personal computers will not be feasible.

### ► Registration fees

Category	Cost
<b>Psychiatrists</b>	<b>30€</b>
<b>Residents in Psychiatry</b>	<b>30€</b>
<b>Other Mental Health Professionals</b>	<b>15€</b>
<b>Undergraduate Students</b>	<b>15€</b>

***The above registration fees include 24% VAT***

### Registration fees include:

- Admission to the scientific sessions
- Certificate of attendance

### ► Congress Secretariat



**www.globalevents.gr**

**THESSALONIKI** 50 A Stadiou Str., 55534, Pylaia, Thessaloniki  
**T** +30 2310 247743 **F** +30 2310 247746 **E** info@globalevents.gr

**ATHENS** 2 Valestra str. & 168 A. Syngrou Av., 17671, Athens  
**T** +30 210 3250260, **E** athens@globalevents.gr



**3<sup>rd</sup> Department of  
Psychiatry, School  
of Medicine AUTH**