



HELLENIC ASSOCIATION
FOR ENDOSCOPIC SURGERY



EUROPEAN ASSOCIATION
FOR ENDOSCOPIC SURGERY

JOINT SYMPOSIUM

of the **Hellenic Association
for Endoscopic Surgery**

in collaboration with the
**European Association
for Endoscopic Surgery**

Minimally - Invasive
Surgery Masterclass I.
Colorectal Surgery

17th SEPTEMBER
2022

Museum of Cycladic Art

ATHENS

FINAL PROGRAM



Blastcom.gr

Your needs,
Our mission

Celebrating
35
years
of customer experience



Welcome Address

Dear colleagues,

For the first time in its long history, the Hellenic Association of Endoscopic Surgery (HAES) joins forces with the European Association of Endoscopic Surgery (EAES) in organising a **Joint Symposium of Minimally Invasive Surgery in Athens, Greece**. It is our pleasure and honour to invite you to the **1st Minimally Invasive Surgery Symposium on Colorectal Surgery**. This will be the beginning of a series of minimally invasive surgery Masterclasses hosted by the Hellenic Association and organised by the two associations together, discussing the latest subjects on various surgical subspecialties with a focus on laparoscopic, robotic and endoscopic surgical techniques.

The thematology of the Masterclass expands from the newest concepts and novel technologies on colorectal surgery to the use of the latest robotic platforms and their indications. Most importantly, it includes a training session for surgeons giving tips and tricks on various colorectal procedures such as TaTME, laparoscopic CME and robotic LAR given by masters of the field across Europe and secrets in mastering the art of laparoscopic colorectal surgery. Experts in colorectal surgery from Italy, Switzerland, the United Kingdom, the Netherlands and Greece will share their experience with the delegates, and this will hopefully spark interesting discussions amongst the audience.

Our colorectal symposium finds place in a historic venue in the centre of Athens, the Museum of Cycladic Art. It is a unique opportunity to combine the most modern surgical approaches to colorectal disease with ancient methods and archaic treatments for disease. And all of that, in a space that will give the opportunity to participants to not only get all up-to-date information on colorectal surgery but also to indulge, should they wish to, in the ancient collections of the museum.

We are very excited to welcome you all to the 1st Minimally Invasive Surgery Masterclass on the **17th of September 2022** in the **Museum of Cycladic Art in Athens**. This will be the beginning of a series of events organised by HAES in collaboration with EAES which will hopefully bring the standards of minimally invasive surgery training in the Hellenic area even higher than they already are.

Looking forward to seeing you all in Athens.

The Organizing Committee

M.G. Pramateftakis

MD PhD FICS MSCS
Assistant Professor
of Surgery, Aristotle
University of Thessaloniki,
Greece, 4th Surgical
Department,
"G. Papanikolaou" General
Hospital, Thessaloniki
Consultant Colorectal
Surgeon

S.A. Kapiris

MD PhD FACS
Consultant General
Surgeon and Head, 3rd
Department of Surgery,
"Evangelismos" Hospital,
Athens, Greece
f. President of the
Hellenic Association for
Endoscopic Surgery

V. Drakopoulos

MD, PhD, FACS,
Consultant Surgeon,
3rd Department of
Surgery, Evangelismos
General Hospital of
Athens, Greece

S. Antoniou

MD PhD MPH FEBS FACS
Consultant General Surgeon,
Mediterranean Hospital of
Cyprus, School of Medicine,
European University of Cyprus



JOINT SYMPOSIUM

of the **Hellenic Association for Endoscopic Surgery** in collaboration with the **European Association for Endoscopic Surgery**

Minimally - Invasive Surgery Masterclass I. Colorectal Surgery



17th SEPTEMBER
2022
Museum of Cycladic Art
ATHENS



Board of Directors of Hellenic Association for Endoscopic Surgery

Chairman:	G. Tzovaras
A Vice Chairman:	G. Sambalis
B Vice Chairman:	F. Archontovasilis
Secretary General:	G. Ayiomamitis
Assistant Secretary:	V. Drakopoulos
Treasurer:	M. Pramateftakis
Consultants:	S. Kapiris M. Papoudos P. Chrysoheris

Organizing Committee of Symposium

Pramateftakis Manousos-Georgios

Kapiris Stylianos

Drakopoulos Vasileios

Antoniou Stavros



JOINT SYMPOSIUM
of the **Hellenic Association for Endoscopic Surgery** in collaboration with the **European Association for Endoscopic Surgery**
Minimally - Invasive Surgery Masterclass I.
Colorectal Surgery



17th SEPTEMBER
2022
Museum of Cycladic Art
ATHENS



Scientific Program

09:00

Registrations

09:30 - 09:40

OPENING AND WELCOME
G. Tzovaras

09:40 - 11:20

NEW CONCEPTS, NOVEL TECHNOLOGIES
Moderators: **G. Sambalis, D. Theodorou**

09:40 - 10:00

Fluorescence-guided colorectal surgery
A. Arezzo

10:00 - 10:20

TaTME for low rectal cancer
M. Adamina

10:20 - 10:40

Hernia prevention in colorectal surgery
St. Antoniou

10:40 - 11:00

Laparoscopic CME: how does it stand against the open approach?
G. Tzovaras

11:00 - 11:20

TAMIS & the transanal approach
G. Theodoropoulos

Comments: **M. Papoudos**

11:20 - 11:50

LECTURE
Moderators: **K. Albanopoulos, H. Pappis**

Secrets and training in minimally invasive surgery of the rectum
A. Arezzo

11:50 - 12:10

Coffee break



JOINT SYMPOSIUM

of the **Hellenic Association for Endoscopic Surgery** in collaboration with the **European Association for Endoscopic Surgery**

Minimally - Invasive Surgery Masterclass I. Colorectal Surgery



17th SEPTEMBER
2022
Museum of Cycladic Art
ATHENS



Scientific Program

12:10 - 14:10

LAPAROSCOPIC COLORECTAL SURGERY FOR THE NOVICE SURGEON

Moderators: **I. Galanis, S. Christodoulou**

12:10 - 12:30

Tips and tricks for right hemicolectomy
V. Drakopoulos

12:30 - 12:50

Hand-sewn, stapled, intra or extracorporeal anastomosis following right hemicolectomy. Who wins?
G. Ayiomamitis

12:50 - 13:10

Laparoscopic CME: a technical step-by-step learning guide
M. Adamina

13:10 - 13:30

Tips and tricks for transverse & left colectomy
N. Francis

13:30 - 13:50

Splenic flexure mobilization
St. Kapiris

13:50 - 14:10

Tips and tricks for low anterior resection
W. Bemelman

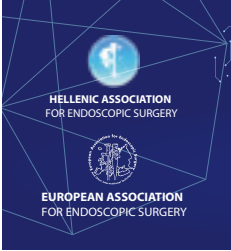
Comments: **P. Lainas**

14:30 - 15:30

Lunch break

15:30 - 16:00

LECTURE - A REFERENCE TO ANCIENT GREEK MEDICAL SCIENCE
IASIS. Hygieia. Health, illness, treatment from Homer to Galen
M. Routsis



JOINT SYMPOSIUM
of the **Hellenic Association for Endoscopic Surgery** in collaboration with the **European Association for Endoscopic Surgery**
Minimally - Invasive Surgery Masterclass I.
Colorectal Surgery



17th SEPTEMBER
2022
Museum of Cycladic Art
ATHENS



Scientific Program

16:00 - 17:40

ROBOTIC APPROACH TO COLORECTAL DISEASE

Moderators: **D. Linardoutsos, D. Patsouras**

16:00 - 16:20

Does robotic surgery provide better outcomes in surgical patients?
M. Pramateftakis

16:20 - 16:40

Pros and Cons of the robotic platform in colorectal disease
F. Archontovasilis

16:40 - 17:00

Robotic low anterior resection: tips, tricks & benefits
P. Chrysoheris

17:00 - 17:20

Robotic TaTME. Pain or gain?
C. Mavrantonis

17:20 - 17:40

Questions & Comments
S. Christodoulou

17:40

CLOSING REMARKS

St. Kapiris



JOINT SYMPOSIUM

of the **Hellenic Association for Endoscopic Surgery** in collaboration with the **European Association for Endoscopic Surgery**

Minimally - Invasive Surgery Masterclass I. Colorectal Surgery



17th SEPTEMBER
2022
Museum of Cycladic Art
ATHENS



Moderators - Speakers - Commentators

Adamina Michel

MD, MSc, PD, EMBA HSG, FEBS, FASCRS,
Professor of Surgery, University of Basel,
Chief of Colorectal Surgery, Kantonsspital,
Basel, Switzerland

Albanopoulos Konstantinos

Associate Professor of Surgery and
Laparoendoscopic Surgery, Director of
2nd Surgical Clinic, Iaso Hospital, Athens,
Greece

Antoniou Stavros

MD, PhD, MPH, FEBS, FACS
General Surgeon, Mediterranean Hospital
of Cyprus, Limassol, School of Medicine
European University Cyprus, Nicosia,
Cyprus

Archontovasilis Fotis

MD, PhD, Head and Director of 6th
Surgical Department Center of Excellence
in Hernia Surgery, Metropolitan General
Hospital, Athens, Greece Vice President
of HAES

Arezzo Alberto

Associate Professor of Surgery,
Department of Surgical Sciences,
University of Torino, Italy

Ayiomamitis Georgios

MD, MSc(MIS), PhD, FACS, MSc(SurgOnc),
FEBS/MIS, FICRS, MHM, Advanced
Laparoscopic Gastrointestinal & Bariatric
Surgeon, Medical Director and Head of
1st Surgical Department, Tzaneio General
Hospital of Piraeus, Greece
General Secretary of the Hellenic
Association of Endoscopic Surgery

Bemelman Willem

Colorectal Surgeon Department of
Surgery, University of Amsterdam, The
Netherlands
IBD Unit, San Raffaele Hospital, Milan, Italy

Christodoulou Spyridon

MD, PhD, MSc Consultant General
Surgeon, Hygeia Hospital, Athens, Greece,
Lecturer of the 4th Surgical Department,
Attikon University Hospital of the National
and Kapodistrian University of Athens,
Laparoscopic tutor at MATTU, University
of Surrey, Guildford, UK

Chrysoheris Pericles

MD, FACS, Director of 1st Department of
General Surgery, Hygeia Hospital, Athens,
Greece

Drakopoulos Vasileios

MD, PhD, FACS, Consultant Surgeon,
3rd Department of Surgery, Evangelismos
General Hospital of Athens, Greece



JOINT SYMPOSIUM

of the **Hellenic Association for Endoscopic Surgery** in collaboration with the **European Association for Endoscopic Surgery**

Minimally - Invasive Surgery Masterclass I.
Colorectal Surgery

17th SEPTEMBER
2022
Museum of Cycladic Art
ATHENS



Moderators - Speakers - Commentators

Francis Nader

Professor of Surgery, Colorectal Surgeon, Yeovil District Hospital, UK
Director of Training, Griffin Institute, London, Honorary Professor at UCL- Division of Surgery and Interventional Science, Chair of ERAS-UK
Internal Auditor of the European Association for Endoscopic Surgery
Secretary of the Association of Laparoscopic Surgery in Great Britain & Ireland

Galanis Ioannis

Professor of Surgery, Aristotle University of Thessaloniki, Head of the 2nd Department of Propaedeutic Surgery, Hippokratia General Hospital, Thessaloniki, Greece

Kapiris Stylianos

MD, PhD, FACS
Consultant General Surgeon and Head of the 3rd Department of Surgery, Evangelismos General Hospital, Athens, Greece
f. President of the Hellenic Association for Endoscopic Surgery

Lainas Panagiotis

MD, PhD, Consultant General Surgeon, Department of Surgery, Metropolitan Hospital, HEAL Academy, Athens, Greece
Department of Minimally Invasive Digestive Surgery, Antoine-Béclère Hospital, Paris-Saclay University, Paris, France

Linardoutsos Dimitrios

MD, MSc, PhD Consultant General and Colorectal Surgeon, Deputy Chief of Advanced Laparoscopic Department of Metropolitan General Hospital, Athens, Greece

Mavrantonis Constantinos

MD, PhD, FACS, Director of 6th Department of Surgery - Center of Excellence for Colorectal Surgery, Hygeia Hospital, Athens, Greece, Chairman, Founder NoDE Institute

Papoudos Marios

General Surgeon, Director of 1st Clinic of General Surgery, Henry Dunant Hospital Center, Athens, Greece

Pappis Harilaos

MD, PhD, FACS, FEBS, Head Clinic for Laparoendoscopic Surgery for Oncology and Obesity, Athens Medical Center, Greece



JOINT SYMPOSIUM

of the **Hellenic Association for Endoscopic Surgery** in collaboration with the **European Association for Endoscopic Surgery**

Minimally - Invasive Surgery Masterclass I.
Colorectal Surgery



17th SEPTEMBER
2022
Museum of Cycladic Art
ATHENS



Moderators - Speakers - Commentators

Patsouras Dimitrios

MD, MSc, PhD, FRCS, FEBS Coloproctology
General and Colorectal Surgeon
Euroclinic, Athens, Greece

Pramateftakis Manos

MD, PhD, FICS, MSCS
Assistant Professor of Surgery, Aristotle
University of Thessaloniki, 4th Surgical
Department, G. Papanikolaou General
Hospital, Thessaloniki, Greece,
Consultant Colorectal Surgeon

Routsi Metaxia

Archeologist, Athens, Greece

Sambalis George

Director of Surgery, Euroclinic of Athens,
Greece
1st Vice President of HAES

Theodoropoulos Georgios

Professor of Surgery, National and
Kapodistrian University of Athens, Greece

Theodorou Dimitrios

Professor of Surgery - Head Unit
of Foregut Surgery, National and
Kapodistrian University of Athens, Greece

Tzovaras George

MD, FACS, Professor of Surgery, University
of Thessaly, Greece
President of the Hellenic Association for
Endoscopic Surgery

Phasix™ ST Mesh

Bioresorbable scaffold featuring proven Sepra® Technology



Commonly used mesh

For high-risk/comorbid patients, surgeons have had to choose between permanent synthetic meshes and biologic grafts—and their inherent pros and cons.

Permanent synthetic meshes

Advantages

- Easy to use²
- Reduced recurrence vs. primary closure
- Can also be used robotically and laparoscopically

Disadvantages

- Postoperative complications can lead to mesh removal or reoperation³

Now there's Phasix™ ST Mesh

A biologically derived scaffold with a hydrogel barrier for intraabdominal placement. It has been designed to provide the repair strength of a synthetic mesh and the remodeling characteristics of a biologic.

Biologic grafts

Advantages

- Naturally derived material
- Potentially reduces need for mesh removal if a complication occurs⁴

Disadvantages

- Accelerated degradation in the presence of bacteria may lead to mesh failure/higher recurrence rate^{5,6}
- Some biologics may be difficult to fixate and handle²

1. Kanters AE, Krpata DM, Blatnik JA, Novitsky YM, Rosen MJ. Modified hernia grading scale to stratify surgical site occurrence after open ventral hernia repairs. *Journal of the American College of Surgeons*. 215.6(2012):787–93. 2. Internal market research, data on file, 2015. 3. Liang MK, Li LT, Nguyen MT, Berger RL, Hicks SC, Kao LS. Abdominal reoperation and mesh explantation following open ventral hernia repair with mesh. *The American Journal of Surgery*. 208.4(2014):670–76. 4. Itani KM, et al. Prospective study of single-stage repair of contaminated hernias using a biologic porcine tissue matrix: the RICH Study. *Surgery*. 2012;152(3):498–505. 5. Annor AH, Tang ME, Pui CL, Ebersole GC, Frisella MM, Matthews BD, Dieken CR. Effect of enzymatic degradation on the mechanical properties of biological scaffold materials. *Surgical Endoscopy*. 26.10(2012):2767–778. 6. Harth KC, et al. Effect of surgical wound classification on biologic graft performance in complex hernia repair: an experimental study. *Surgery*. 2013;153(4):481–492.



2797

BARD HELLAS SA

1 Filellimon str. & Megalou Alexandrou, GR 16452, Athens, Greece
Tel: 210 9690770, Fax: 210 9628810, www.bd.com/Greece

bd.com

© 2022 BD. All rights reserved. BD, the BD Logo and all other trademarks are the property of Becton, Dickinson and Company or its affiliates. 0621/6166. BD-67873





JOINT SYMPOSIUM

of the **Hellenic Association for Endoscopic Surgery** in collaboration with the **European Association for Endoscopic Surgery**

Minimally - Invasive Surgery Masterclass I. Colorectal Surgery



17th SEPTEMBER
2022
Museum of Cycladic Art
ATHENS



General Information

Date & Venue

17th September, 2022

Museum of Cycladic Art, Athens, Greece

(Neophytou Douka 4, 106 74 Athens, Tel: (+30) 210 7228321-3, www.cycladic.gr)

Official Language

English will be the official language of the Symposium and no simultaneous translation will be provided.

CME Accreditation

The Symposium has been accredited with **6** CME credits by the National Medical Association.

Certificate of Attendance

Please note that a barcode system will be used and in order to obtain CME credits you must complete 60% participation of the scientific program. The certificates will be sent by the end of the Symposium and as soon as the evaluation form will be submitted to the Symposium Secretariat.

Presentations

Available audiovisual equipment for all presentations will be through power point presentation. For power point presentations, your presence to the "technical reception desk" is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick. Use of personal computers will not be permitted.

Exhibition

Within the Symposium area there will be an exhibition of medical equipment and pharmaceutical products.



JOINT SYMPOSIUM
of the **Hellenic Association for Endoscopic Surgery** in collaboration with the **European Association for Endoscopic Surgery**
Minimally - Invasive Surgery Masterclass I.
Colorectal Surgery



17th SEPTEMBER
2022
Museum of Cycladic Art
ATHENS



General Information

Registration Fees

Registration Type	Cost
Specialists - HAES Non Member	80 €
Specialists - HAES Member	50 €
Residents	Free
Nurses	Free
Undergraduate Students	Free

VAT 24% is not included in the above registration rates

Registration fees include:

- Admission to the scientific sessions
- Certificate of attendance
- Admission to the exhibition area

Organization



Hellenic Association for Endoscopic Surgery
23 Meandrou Str., 11528, Athens
T: 210-7211845, E: info@eeex.gr

Symposium Secretariat



Thessaloniki: 50A Stadiou Str. 55534 Pilea, Thessaloniki, Greece,
Tel.: +30 2310 247743, +30 2310 247734, Fax: +30 2310 247746,
e-mail: info@globalevents.gr
Athens: 2 Valestra str. & 168 A. Syngrou Av., 17671 Kallithea, Athens, Greece,
Tel.: +30 210 3250260, e-mail: athens@globalevents.gr
www.globalevents.gr

Axion Health

DynaMesh[®]
by FEG Textiltechnik mbH

Tailored Implants
made of **PVDF**

Hernias



LIQUIBANDFIX8[®]
ΕΙΔΙΚΗ ΓΙΑ ΜΗΜΕΝΟΥ ΠΡΟΚΑΤΑΣΤΑΣΕΩΣ ΕΞ ΑΝΟΡΓΑΝΩΝ ΑΠΟΚΑΤΑΣΤΑΣΕΩΝ

LIQUIBANDFIX8[®]
Συσκευή για λαπαροσκοπική καθήλωση πλέγματος σε κήλη

Axion  Health

τηλ.: 210 9412775

info@axionhealth.gr

www.axionhealth.gr

Acknowledgements

The Organizing Committee would like to acknowledge the success of the Symposium to the following companies.





ProT GOLD

LIQUID PROTEIN

Nutrition Facts	
Serving size	1 fl. oz. (30ml)
Amount per serving	
Calories	70
Total Fat (g)	0%
Saturated Fat (g)	0%
Trans Fat (g)	0%
Sodium (mg)	2%
Total Carbohydrate (g)	0%
Total Protein (g)	18%

TYPICAL AMINO ACIDS (g/100g PROTEIN)	
Alanine	11
Arginine	20
Aspartic Acid	6.5
Cysteine	0.7
Glutamic Acid	15.5
Glutamine	0.5
Glycine	26.8
Histidine*	1.4
Hydroxyproline	6.7
Hydroxylysine	12.9
Isoleucine*	1.5
Leucine*	3.8
Lysine*	4.2
Methionine*	1.2
Phenylalanine*	2.4
Proline	15.1
Serine	3.6
Threonine*	3.3
Tryptophan*	0.8
Valine*	0.5
Tyrosine*	2.7

Not a significant source of cholesterol, dietary fiber, iron, iodine, added sugars, vitamin E, vitamin A, and potassium.
*100% Daily Value
†Provides 100 mg of hydrolyzed collagen protein and 1.0 grams of hydrolyzed amino acids.

SUGGESTED INDICATIONS

Free-formular research, protein status, malnutrition, burns, poor appetite, weight loss, use as directed by your healthcare professional.
Diabetic patients: Only 1mg of potassium and trace amounts of phosphorus per serving.

SUGAR FREE



17.5g Total Protein with 3g Arginine per 30ml serving

BACKED BY SCIENCE

OPTIMAL RESULTS

0g carbs • 0g fat • Gluten free • Lactose free • Complete Protein

ProT GOLD

LIQUID PROTEIN

Ειδικά σχεδιασμένη νάνο-υδρολυμένη πρωτεΐνη ζωικού κολλαγόνου, προσεκτικά διαμορφωμένη για να βοηθήσει να λυθούν θρεπτικές δυσκολίες με πλεονεκτήματα που δεν απαντώνται σε άλλα προϊόντα κλινικής διατροφής.

Καινοτομία στην προηγμένη ιατρική διατροφή με τα παρακάτω μοναδικά χαρακτηριστικά:

Ενδείξεις:

- Εγκαύματα
- Κατάγματα, ολικές αρθροπλαστικές
- Αποκατάσταση – μυϊκή ενδυνάμωση
- Απώλεια μυϊκής μάζας (καρκίνος, AIDS)
- Βαριατρική Ιατρική
- Διαβητικά τραύματα
- Αύξηση αλβουμίνης - προαλβουμίνης πλάσματος
- Έλκη πείσεως
- Σαρκοπενία
- Ενεργειακός-Πρωτεϊνικός Υποσιτισμός
- Ελλειμματικό πρωτεϊνικό ισοζύγιο
- Χειρουργικά τραύματα



Vegan

Vegetarian

Sugar free

Lactose free

GMO free

Gluten free

Παρασκευάζεται στην Αμερική
ΑΡ. ΠΡΩΤ. ΕΟΦ: 45720/18-5-2021



e-shop
www.healthland.gr
2315 201025

ΔΙΑΝΟΜΕΑΣ

HealthLand

AIRSEAL[®]

SYSTEM

AirSeal[®] Access Ports

- Valve-free access to abdominal cavity
- Intact specimen removal
- Unimpeded introduction and removal of needles, clips, sutures, and mesh



- Lumen #1
Facilitates smoke evacuation
and filtration
- Lumen #2
Establishes insufflation
and real-time pressure control
- Lumen #3
Creates and maintains
invisible AirSeal barrier



